



africa scout day 2022

The purpose of the annual *Africa Scout Day* is to celebrate the **Scout Movement's contribution to the development of Africa.**

The Africa Scout Day 2022 celebrations will take place from Thursday 10 to Sunday 13 March 2022 and will be celebrated by all National Scout Organizations (NSOs) across the African continent.

This year's celebration will be the **ultimate reconnection, beneath an african sky.**

Scouts throughout Africa will be taking part in Scouting activities over the four days and SCOUTS South Africa challenges you to take part in the celebrations by running the programme-on-a-plate provided below.

We look forward to you all getting *reconnected beneath an African sky* and sharing your experiences on social media using the hashtags *#AfricaScoutDay* and *#ScoutsSouthAfrica*.

The Den meeting programme-on-a-plate below should be run at any time during the four-day celebrations or on the closest day to the celebrations that your Den meets.

We wish you a happy and successful *Africa Scout Day* and enjoy the Den programme beneath an African sky!

Yours in Scouting

The National Team

theme: ultimate reconnection – beneath an african sky

Date: 10th – 13th March 2022

| time | min | activity | equipment | scouter |
|--|-----|---|--|---------|
| | 05 | OPENING CEREMONY: Meerkats stand tall Prayer Register | Totem Prayer book Register | |
| <i>Let's prepare our space for the day so that everyone can see that we know what we're doing.</i> | | | | |
| | 10 | ACTIVITY: Picnic time Set up your picnic area (you may want to light fires a little earlier). Make sure to have water bottles available. | Picnic blanket; chairs (optional); food (either to braai or snacks); plenty of water; braai stand; charcoal or wood; fire lighters; matches, etc. | |
| <i>What do we do to keep ourselves safe under the African sun?</i> | | | | |
| | 05 | ACTIVITY: Sun protection Put on sunscreen; sanitise and check that everyone has a hat and masks. | Sunscreen; hats; sanitiser; masks | |
| <i>After a long time of COVID it's time to reconnect and warm up.</i> | | | | |
| | 10 | REVISION GAME: Keeping fit Each Meerkat is to do the following: <ul style="list-style-type: none"> • Five sit-ups. • Three to five somersaults • Skip like a lamb, gallop like a horse and hop like a rabbit. • Balance on a beam about 10cms above the ground. | Check that there is something available as a balance beam or have a stave available | |
| <i>You're doing so well; let's rest a little and listen to a story about Africa.</i> | | | | |
| | 05 | YARN: "How many ways can you say hello" by Refiloe Moahloli or https://www.storyberries.com/bedtime-stories-mama-whats-for-lunch-short-stories-for-kids/ | Yarn; water bottles | |

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|--|-----|---|--|---------|
| <i>Wow, that was fun, we'd best be getting back to our warmup.</i> | | | | |
| | 10 | <p>REVISION GAME: Keeping fit</p> <ul style="list-style-type: none"> • Throw and catch a beanbag/ball three out of five times while moving around. • Walk on your heels for 10 metres and then on your toes for 10 metres. • Run as fast as you can. • Hop on one leg five times, change legs and hop on the other leg five times. <p>(If you need to swap one out, look at what's required in the 'Keep Fit' badge or look at what's required for another badge).</p> | Beanbags/balls | |
| <i>Let's start preparing our food so it's ready when our tummies grumble.</i> | | | | |
| | 10 | <p>ACTIVITY: Healthy snacks</p> <p>Either get healthy snacks ready for the picnic or put meat on the braai.</p> | Fruit and veg; braai meat, as decided | |
| <i>Game time!</i> | | | | |
| | 15 | <p>GAMES:</p> <p>Play a favourite sports game (netball, soccer, cricket, etc.)</p> | Sports equipment | |
| <i>I am sure your tummies must be telling you it's time to eat.</i> | | | | |
| | 25 | <p>PICNIC TIME:</p> <p>Enjoy your picnic/meal together, remember to wash hands before eating or at least sanitise and social distance as your masks will be off.</p> | | |
| <i>Mmmm, that was good. Should we have another game?</i> | | | | |
| | 15 | <p>GAMES:</p> <p>Play a different game.</p> | Sports equipment | |
| <i>That was great; I think we will all sleep well tonight. Scouts across Africa are having fun with you.</i> | | | | |
| | 05 | <p>CLOSING CEREMONY:</p> <p>Stand tall Prayer</p> | Badges | |

Notes:

Encourage your Meerkats to spend time under an African sky. If you can, arrange to get together in a public place with your Meerkats and their families or alternatively meet at your halls.

Have a picnic/braai (please check if you are in a braai area) and enjoy some time celebrating being a Meerkat under the African sun.

Change the sample programme to suit your Den.